



A Rainy Day Survival Challenge

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Keeping busy is a great way for your child to exercise his creativity. To help him with this:

- Applaud his efforts
- Help only when asked
- Never judge
- Spend time looking at his creations
- Display his creations where they can be enjoyed by everyone in your family

Busy Box Supplies

Most of these supplies are available at the grocery store, Wal-Mart, or things you have in your closets.

- Scissors
- Glue - washable is best, glue sticks work well for paper projects
- Tape - masking and scotch
- Twine
- Colored Yarn
- Colored construction paper
- Regular white paper
- Crayons (you can sharpen them if they are too round)
- Washable colored markers
- Hole punch - these come in an assortment of shapes at your local craft store
- Assortment of cardboard things: boxes, toilet paper tubes, etc., recycle
- Assorted plastic things: bottle lids, pen lids, plastic containers w/lids, etc., recycle
- Assortment of old buttons
- Magazines or catalogs with pictures to cut out (toy catalogs are great for this)
- popsicle sticks or craft sticks (very inexpensive and available at craft stores)
- Toothpicks
- Old blankets or sheets for tent making (and a couple of chairs in a corner to drape it over)
- Play dough, dough cutting tools, and cookie cutters. See below for an easy to make clay recipe

Simple Clay Recipe

Mix together 2 1/2 cups flour, 1 cup water, and 1 cup salt. You can add food coloring if you would like colored clay. Store in refrigerator.

Remember: Your child will learn best if he is the one doing the measuring and the mixing. Just watching you encourages passive learning. As Cervantes said, "experience is the best teacher."



Prevent Child Abuse California

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